



COVID-19 Safety Measures and Policies

All guidelines and requirements will be adhered to as outlined in the document released by the Ministry of Health on June 1, 2020

(http://health.gov.on.ca/en/pro/programs/publichealth/coronavirus/docs/2019_summer_day_camps_guidance.pdf). Specifics are outlined below.

1. INFECTION PREVENTION AND CONTROL PRACTICES

- Any materials frequently used by participants (i.e. balls, science equipment, toys) will be made of material that can be cleaned and disinfected. Cleaning and disinfecting will happen at least twice each day.
- Any other materials will be single use or organized for each individual participant and will be disposed of or taken home at the end of the day.
- Seeds Rooted in Youth will minimize the sharing and frequency of touching of objects, toys, equipment and surfaces, and other personal items.
- Seeds Rooted in Youth will be cleaning and disinfecting, at least twice a day, frequently touched surfaces. These surfaces are most likely to become contaminated, including water cooler, thunderbox toilet and handwashing station. This document will be included in instructors participants documents
<https://www.publichealthontario.ca/-/media/documents/ncov/factsheet-covid-19-environmental-cleaning.pdf?la=en>
- Seeds Rooted in Youth will only use cleaning and disinfectant products that have a Drug Identification Number (DIN).
- Seeds Rooted in Youth will provide a hand-washing station at our site. This will consist of a large water cooler with a spout, filled with water, and soap and paper towel. Paper towel will be disposed of immediately after hand-drying. Alcohol-based hand rub will be on hand throughout the day if needed during an activity. Participants will be instructed at the beginning of the week how to properly wash their hands, and parents will be provided with the following document prior to arrival at camp. This document will also be displayed at our hand-washing station.
<https://www.publichealthontario.ca/-/media/documents/ncov/factsheet/factsheet-covid-19-hand-hygiene.pdf?la=en>

2. PHYSICAL DISTANCING

- The instructor will encourage physical distancing of at least 2 metres between participants, parents/guardians and instructors by:
 - Spreading participants out into different areas;
 - Participants will not have contact with people who are not involved in programming (i.e. members of the general public)
 - All guest speakers will go through the screening process before attending the program and will maintain physical distancing throughout their visit.
 - Spreading furniture, camp equipment, and activity stations out into different areas;
 - Incorporating more individual activities or activities that encourage more space between participants;
- Face coverings for participants, provided by participants, will be worn upon arrival by participants and kept with the participant in their bag for the remainder of the day. Extra masks will be on site provided by Seeds Rooted in Youth, in case they are needed.
- All parties will wear a face covering until all participants have undergone the daily medical screening and have been cleared to participate in programming for that day.
 - ❖ Face coverings may not be tolerated by everyone based on underlying health, behaviour issues or beliefs. Consideration should be given to mitigating any possible physical and psychological injuries that may inadvertently be caused by wearing a face covering (e.g., interfering with the ability to see or speak clearly, or becoming accidentally lodged in equipment the wearer is operating).
 - ❖ Face coverings will be changed if visibly soiled, damp, or damaged.
 - ❖ Education will be provided about the safe use, limitations and proper care (e.g., cleaning) of face coverings.

3. PERSONAL BELONGINGS

- Participants will be discouraged from bringing unnecessary personal belongings with them to Seeds Rooted in Youth programs.
- All necessary personal items, given to participants upon signing up (backpack, clothing, towel, water bottles, food, bug spray, sunscreen, hats, rain gear) will be labeled and kept in an area designated will not be handled by anyone but the individual to whom they belong.

4. LIMITED ACTIVITIES

- There will be no activities requiring close facial contact between participants.
- Physical distancing will be enforced during any singing activities outdoors.
- There will be no indoor activities.
- We will not use sensory or water tables.
- There will be no field trips requiring group transportation.
- Participants will not be exposed to animals or pets.
- There will be no activities that involve participants in preparing or serving food.

5. FOOD and DRINK

- Participants and instructor will perform proper hand hygiene before and after eating. This includes designated snacks and lunch time.
- Participants will bring their own lunches and snacks each day and will not share food or beverage with other participants.
- Physical distancing will be maintained while eating. All participants and the instructor will sit in a circle maintaining a 2 metre gap between each individual.
- Each camp participant will have their own labeled drink bottle. This will be kept with them throughout the day and will not be shared with anyone else.
- Water bottles will be filled at the water cooler and will not make contact with the spout. Participants will never make direct mouth contact with the spout.

6. PICK-UP and DROP-OFF

- Pick-up and drop-off of participants will happen outside the program setting, unless it is determined that there is a need for the parent/guardian to enter the setting.
- Pick-up and drop-off procedures will support physical distancing using strategies such as, but not limited to: avoiding group transportation, having one designated parent/guardian pick-up and drop-off each camp participant, staggering entry, or limiting the numbers of people in entry areas. Seeds Rooted in Youth will receive each participant and their parent/guardian in the mornings, one group at a time, to complete the medical screening. (see procedure below)

7. MEDICAL SCREENING

- All individuals, including participants, parents/guardians, instructors, and visitors will be screened using daily temperature checks, and asked all screening questions upon arrival at program setting prior to entry by Seeds Rooted in Youth. Entry will be denied to any individual who has a high temperature (above 37.5°C), any of the symptoms outlined in the COVID-19 Reference Document for Symptoms on the Ministry of Health's COVID-19 website or who has come in close contact with a person with symptoms of or confirmed COVID-19 in the past 14 days.

- Participants will be monitored for atypical symptoms and signs of COVID-19 throughout each day.
- Seeds Rooted in Youth will take appropriate precautions when screening, wearing personal protective equipment (PPE) (i.e., surgical/procedure mask and eye protection, goggles or face shield).
- An infrared non-contact forehead thermometer will be used to measure the body temperature of all participants, parents/guardians and instructors prior to program entry each day.
- Signs will be posted at the screening station/entrance to the day's location to remind parents/guardians, and other visitors what the protocol is.
- Notification protocol will be shared with parents/guardians at the time of signing a participant into any Seeds Rooted in Youth programs, in case their participant begins to show symptoms of COVID-19 while in camp, including the need for immediate pick-up and an area to isolate the participant until pick-up. Parents will be required to remain close or have someone on-call to pick-up their child should they be required to do so.
- Seeds Rooted in Youth will keep daily records of all participants, parent/guardian, instructors and visitors entering the program setting. Records will include name, contact information, time of arrival/departure, and screening completion.
- Records will be kept up-to-date and available to facilitate contact tracing in the event of a confirmed COVID-19 case or outbreak.

8. SANITIZER

- Alcohol-based hand sanitizer containing at least 60% alcohol content will be placed at the screening station and designated areas throughout the program's location.
- Dispensers will not be in locations that can be accessed by young children.

9. MANAGEMENT of SUSPECTED COVID-19 CASE

- If a participant begins to experience symptoms of COVID-19 while attending Seeds Rooted in Youth:
 - They will be immediately separated from others in a supervised area until they can go home. In addition, where possible, anyone who is providing care to the camp participant will maintain a distance of at least 2 Metres.
 - If a 2-metre distance cannot be maintained from the ill participant, personal protective equipment (PPE) (i.e., surgical/procedure mask and eye protection (goggles or face shield)) will be worn, and advice from the local public health unit will be sought to prevent/limit virus transmission to those providing care.
 - The local public health unit will be contacted to notify them of a potential case and advice regarding the information that should be shared with other parents/guardians of participants in the program will be sought.
 - Participants will be reminded of hand hygiene and respiratory etiquette while waiting to be picked-up.
 - Tissues will be provided to the camp participant to support proper respiratory

etiquette, along with proper disposal of the tissues.

- Environmental cleaning/disinfection of the space and items used by the camp will be conducted once the camp participant has been picked up. Items that cannot be cleaned and disinfected (e.g., paper, books, cardboard puzzles) will be removed from the program and stored in a sealed container for a minimum of 7 days.
- Participants with symptoms will be referred to testing for COVID-19
- Other participants and instructors or visitors who were present while a participant or instructor became ill will be identified as a close contact and further cohorted (i.e., grouped together) until they can be picked up by parents/guardians to self-isolate at home. The local public health unit will provide any further direction on testing and isolation of these close contacts.
- Participants, instructors and/or visitors who have been exposed to a confirmed case of COVID-19 will be excluded from the program setting for 14 days.
- Those who test negative for COVID-19 will be excluded from the program until 24 hours after symptom resolution. If a symptomatic person receives a negative result, a repeat test within 24-48 hours will be considered if clinical suspicion is high.
- Those who test positive for COVID-19 will be excluded from the program for 14 days and a negative test result after the onset of symptoms and clearance has been received from the local public health unit.
- Instructors and participants awaiting test results will be excluded from camp.

10. OCCUPATIONAL HEALTH and SAFETY

- If an instructor is in close contact of an individual diagnosed with COVID-19, the instructor will remain off work for 14 days from last exposure.
- The instructor will consult with the local public health unit to determine when they can return to work.